



SUNRIDGE SCHOOL

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SEBASTOPOL, CA 95472

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WWW.SUNRIDGESCHOOL.ORG

CALENDAR

Wednesday, March 27th:

**Mindfulness and Self-Care for Parents
6-7:30pm in SunRidge Library (see
article)**

Thursday, March 28th:

**Braving Adolescence Session #3
1-3pm**

Friday, March 29th:

**SunRidge Educational Foundation
Meeting
8:30am in Library**

Monday, April 1st:

**Parent Council Meeting
7-9pm**

Tuesday, April 2nd:

**8th Grade Yearbook Pages Due
(See article)**

Tuesday, April 2nd:

**Parent Council: Spring Fling Planning
2-3pm**

Wednesday, April 3rd:

**4th Grade Parent Evening
6:30-8:30pm**

Thursday, April 4th:

5th Grade Play Performance

Thursday, April 4th:

**4th Grade UC Davis Marine Lab Field
Trip**

Thursday, April 4th:

**Braving Adolescence Session #3
1-3pm**

Friday, April 5th:

5th Grade Play Performance

SUNRIDGE BULLETIN

3/27/2019

Upcoming Parent Education Events:

- **TONIGHT!** 6:00pm-7:30pm: *Mindfulness and Self-Care for Parents* – Join us for an evening of mindfulness and self-care for parents with Chelsea True. We'll explore strategies for cultivating a personal practice; look at some of the most current research on how mindfulness impacts the brain and nervous system; and create an action plan for integrating mindfulness within the family unit. All parents (K-8) are welcome. \$10 suggested donation. In the SunRidge library. Childcare is offered for SunRidge Students, just RSVP with Erin in the office before 3/25 (707) 824-2844.

Save the Date:

- **Spring Fling:** Mark your calendars for the Spring Fling, which will be on Saturday, May 18th. More information to follow!

Spring Concert

Our annual 5th-8th grade Spring Concert will be on Thursday, April 11th. Students are working hard in both choir and orchestra to prepare a wonderful evening of music! The concert begins at 6pm. All students performing in choir should arrive no later than 5:45pm. Students performing in orchestra should arrive no later than 5:30pm to warm up.

As this is the only after-school event required by the music program, we ask that all students' grades 5-8 prioritize this concert above their usual Thursday evening activities. It is important that all grades have full attendance to support each other on stage.

Students are to wear their class colors in combination with black and white. Students performing in orchestra must be able to remove or cover their colorful item of clothing easily to perform in black and white for orchestra. Class colors are as follows:

Grade 5: Yellow
Grade 6: Red
Grade 7: Blue
Grade 8: Purple

Thank you for supporting our students in making beautiful music!

7th Grade Rummage Sale

Donation day will be Thursday, April 25th from 1:00pm-3:30pm in the gym. If you've been spring-cleaning, purging or "tidying up", please consider setting aside your unwanted (but in good condition!) items to help raise funds for Ms. Gosling's class field trip fund! Unfortunately we don't have storage space and renting it is not economical, so only a few more weeks of hanging on to things if you have been- thank you!

Skate and Donate

There will be a "Skate and Donate" event at CalSkate in Rohnert Park Sunday April 7th, 12:00-2:30! Bring the family, get your skate on, and support your school. Half of all admission earnings will be given back to SunRidge. You have to present the attached flyer, either physically or in electronic form, in order for a donation to be made to the school. Flyers will be sent home with the children some time next week. Please come out and support SunRidge!

FYI- this is not a private event, which means the roller rink will be open to outside guests. We will not be able to request the music or video game area be turned off during the time we are there.

Willie Out –Volunteers Needed

Willie will be out on medical leave for the next 4-8 weeks. Along with being the wheels behind everything regarding campus maintenance he plays a huge role in orchestrating many of our school events. That being said, we are in need of parent volunteers for the upcoming events:
 Thursday, April 11th: Spring Concert Set-up
 Friday, May 3rd: Mayfair Set-up
 Saturday, May 18th: Spring Fling Set-up
 Classroom Moving (last week of school)
 Saturday, June 8th: Graduation Prep/Set-up

If you are available to help during prep, set-up or cleanup of any of these events please contact Kalen at kwood@twinhillsusd.org or (707) 824-2844. We greatly appreciate your support!

On-Site Dental Clinic: Free Teeth Cleaning and Exams!

SunRidge will be hosting an on-site free dental clinic day on campus Thursday, April 11th from 8:45am-12:00pm where 5 experienced students from the Dental Hygiene department at SRJC will be offering teeth cleanings, dental exams, and instruction in oral hygiene, all of which are free to 20 of our students (K-8th Grade).

If you are interested in having your child receive a dental exam and a teeth cleaning please pick up a packet from the office and return the completed forms to the office no later than Friday, April 5th.

Please note that there are only 20 spots available and reserving a spot for you child is on a “first come first serve” basis so the earlier you return your forms the better. We will have a waiting list of 3-4 students just in case a student is absent on the day of the cleaning. We will notify you via email only if your child has a spot on the list of 20 or is number 1-4 on the waitlist.

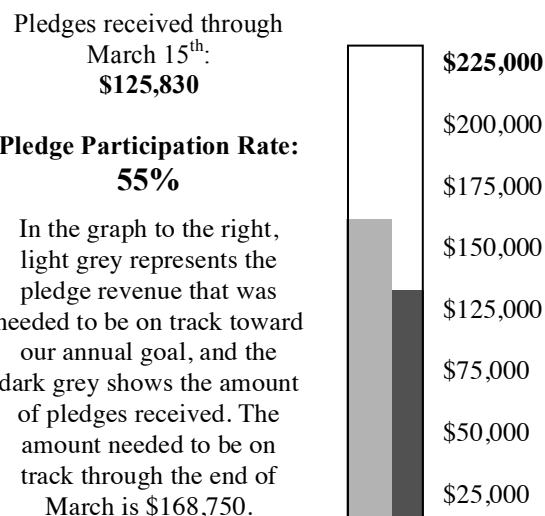
IMPORTANT Yearbook Information

It's that time of the year to gather photos and for our 8th graders to finish making their pages for the yearbook. Each class may submit a maximum of 40 photos. We are also looking for photos from the following classes/events/activities:

- Gardening
- Instrumental Music
- Choir
- Woodwork
- Basketball/Volleyball
- Falling Leaves Festival

Deadline for submitting **class photos** is Tuesday, April 9, 2019 to Makena's box in the SunRidge Office. All photos must be submitted in the following manner:

- On a disc or USB (labeled with grade or event)
- Full Size Max Quality jpg
- Labeled with Grade/Student(s)/event.jpg
 - For example: 8/Andy/Woodworking.jpg

NEW 2018-19 Pledge Report

Deadline for submitting **8th grade pages** is Tuesday, April 2nd. If you have any questions please contact your parent volunteer, Hassanah Meechan, hassanahmeechan@gmail.com.

State Testing Information

Students in grades 3-8 will be taking the annual online state tests based on the Common Core standards in English Language Arts and Mathematics. Additionally, students in grades 5 and 8 will take an online test of the Science Standards. If you have questions, please contact your child's teacher and/or Ms. Kalen.

The Smarter Balanced Assessment Consortium (SBAC) created these tests, and the test is known as the California Assessment of Student Performance and Progress (CAASPP). Our students completed these tests last year and scored better than the county and state averages in all subjects. Testing provides information regarding where student achievement is strong as well as areas where instruction and learning could be improved. Here is the schedule for 2019:

- 3rd, 4th & 8th grades will test from April 22 - May 3
- 5th will test on specific days between May 6 – 31 (due to a field trip)
- 6th and 7th will test from May 13 – 31

SunRidge schedules these tests over the course of two weeks with a week for make-ups. This allows for students to take sections of each test over several days and integrates the testing schedule into our regular schedule of classes. Testing begins during main lesson so it is important for students to arrive on time, well rested and fed.

As a public school, we are required to test students in grades 3-8. If we have fewer than 95% of our students test we will fail to meet our expected participation goal and as

such may be designated as a school in need of intervention. We encourage students to take the test and learn from the experience.

We are consciously integrating the Common Core standards with Waldorf's developmental philosophy and pedagogy. The faculty use a resource published by the Alliance for Public Waldorf Education, as well as Common Core aligned resources, for integrating standards within blocks of study. Students are provided with opportunities to practice assignments similar to the tests to become familiar with content, types of questions and test-format.

As you know, annual state testing is one indicator of student progress. Multiple measures ensure that the whole child is seen from a variety of perspectives. SunRidge students are assessed in a school-wide reading screening several times a year. In addition, your child's teacher records students' academic progress through observation, presentations and projects, work samples, main lesson books, artwork, quizzes and tests. We want to encourage students (and parents) to view these tests as one kind of assessment. In preparing students for testing, the faculty cultivates a positive attitude of doing one's best, for we are always learning and growing!

Did you know there are Investment Opportunities that will also benefit SunRidge School?

The SunRidge Educational Foundation has been searching for socially minded investment opportunities and recently met with Rudolf Steiner Foundation (RSF) Social Finance, based in San Francisco. RSF Social Finance has a Waldorf Affinity Program via their Social Investment Fund, designed as an investment opportunity for individuals and families to place savings which will aid communities selected on the basis of their social benefit and also support local schools with grants.

Funds invested in the Waldorf Affinity Program – Social Investment Fund earn interest annually (currently 1.25%) and the identified Waldorf School (e.g.

SunRidge via the SunRidge Educational Foundation) will receive an annual grant from RSF, which totals 0.50% of the investments gathered from the school's community. A minimum investment for this program is \$1,000. Individual accounts need to be kept open for 12 months for SunRidge to receive the 0.50% grant.

More information on RSF Social Finance can be found at <https://rsfsocialfinance.org/> and information on opening a Social Investment Fund account can be found at <https://rsfsocialfinance.org/invest/social-investment-fund/>. This is a great way to have your savings work for both you and for the SunRidge community as a whole.

Hot Lunch Forms March/April Available

New Hot Lunch Forms are available for March/April. You can pick up a form outside the office or on our website. <http://www.sunridgeschool.org/hot-lunch-program.html>

Classified + Community Events

At the end of every week's bulletin, a section titled

Community Events will appear containing happenings in the community that may be of interest to SunRidge families. The Classified section will follow containing not-for-profit ads regarding housing, items for sale, and other community needs. Please email your requests for these sections to Makena in the SunRidge office mcollin@twinhillsusd.org for review and possible placement in future bulletins. Requests should be submitted no later than the end of the day on Monday every week.

COMMUNITY EVENTS

Last Diversity/Inclusivity Summit

The sixth session of the Diversity and Inclusivity Summit will be:

Session 6 Topic:

"Creating a Culture of Inclusion"

Led by Dr. David Neufeld, of Jewish Learning Works

Monday, April 8, 2019
6:30 – 8:30pm

All Teens, Adults, and Parents countywide welcome

In this experiential, interactive session, Dr. David will guide you through games and activities designed to create and lift up personal connections to difference and diversity of all kinds. We will do some concrete thinking about how to translate your personal connections to, and passions about, difference into action, empowering you to create positive change in your own communities. We'll share ideas, learn from each other, and go back in the world ready to make a difference.

Bring a friend!

Free to attend | Dessert Served

Sessions meet at Congregation Shomrei Torah
2600 Bennett Valley Road, Santa Rosa

Solstice Yoga and Nature Camp ☀️

Summer 2019 Dates

Session 1: July 1st-3rd & July 5th

Session 2: July 8-12th

Time: 9 am- 2 pm

Age: 5-12yrs

Location: The Permaculture Skills Center in Sebastopol, CA

Instructors: Lauren Ohlsen (SunRidge parent) and Kelly Schwartz-Deal

early bird registration ends March 18th

More info on our website or email or call

kelitagirl1@gmail.com

(707) 321-7707

<http://www.solsticeyogakids.com>

Sign up early, spaces are filling fast!

Summer Theater Camp 2019: A Midsummer Night's Dream

Come join us for 3 weeks of theatrical learning and fun as we bring to life the magical world of William Shakespeare's A Midsummer Night's Dream with Liz Turkel Vose!

Our days together will include: theatrical and traditional games, improvisation, characterization, voice work and speech, storytelling, movement, history of Shakespeare and his work, stage fundamental, ensemble work, costuming, and the exciting work of staging and performing a play.

Ages: 10-14

Dates: July 15-August 2 (public performance on Aug. 2)

Times: Monday-Friday 9am-2pm

Location: Summerfield Waldorf School and Farm

655 Willowside Rd., Santa Rosa, CA

Tuition: \$750 (675 Early Bird Rate when you register by March 29)

For registration information and forms, please email:

lizturkel@gmail.com

For more information please see attached flyer.

THE CARE AND FEEDING OF THE ADOLESCENT BRAIN CLASS THURSDAYS

3/28 and 4/21 at Twin Hills School, rm. 16 at 6pm

Come learn about the power, pitfalls and promise of the adolescent brain. Latest research shows that the adolescent brain is NOT a smaller adult brain!

1-hour class for 5th, 6th & 7th graders and their adults

Two separate classes: 1 for students and 1 for adults held at the same time & location.

\$10 per student includes up to 2 adults. Enrollment limited to 20 students.

Register by going to: www.braincare.tips

or call/text Andrea at

707.481.8213

Taught by local middle school teachers Andrea Hagan Schmitz and Mary Fitch. (see previous bulletin for more detailed information)

CLASSIFIED

(We can list rentals; parents selling used items, free items, lost and found, or trades. With the exception of private, after-school care available for SunRidge students, we do not list for-profit business ads.

After 2-3 publications, ads will automatically be dropped)

Seeking Clarinet Teacher

I'm looking for a local clarinet teacher for a beginner second grade student. Please contact Sheina 650-248-3186

or hisheina@gmail.com with any leads. Thank you!