

# SUNRIDGE BULLETIN

SEPTEMBER 16, 2009

## SUNRIDGE SCHOOL

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SEBASTOPOL, CA 95472

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## CALENDAR

Wednesday, Sept. 16:

- **Class 6 parent eve. 6:00-7:00pm**
- **Class 7 parent eve. 7:00-8:30pm**

Thursday, Sept. 17: 6:30 – 8:00pm

**Class 8 parent evening**

Tuesday, September 22, 7:00 - 8:30pm:

**Class 4 parent evening**

Thursday, September 24, 6:30 - 8:30pm

**Class 5 parent evening**

Wednesday, September 25, 9:15-10:00am

**Festivals planning meeting on  
Casitas deck**

Saturday, September 26, 12:30-6:00pm:

**SunRidge Storytelling Festival**

Tuesday, September 29, 6:30 - 8:30 pm

**Kindergarten parent evening**

Friday, October 2 ~ **School Closed for  
Tribes Faculty Training**

Tuesday, October 6, 6:30 - 8:00pm

**Class 1 parent Evening**

Thursday, October 29, 6:45pm:

**Tribes Presentation for Parents**  
At Apple Blossom School Auditorium

### **A Window into our Handwork Classes** *from Laurie McKenzie*

Outside the classroom on the flagstone rocks, 1st graders' hands are busy shaping and sanding their knitting needles. Waxing them with a gift from the bees they become smooth and ready. With their nimble fingers they rolled beautiful balls of natural colored wool. Now, they can hardly wait to learn how to knit. The confidence of the 2nd grader will carry them through their more advanced knitting projects such as flute cases and gnomes. In the 3rd grade classroom we are learning about cotton and how to crochet. Beautiful designs are being drawn on graph paper by 4th graders for a cross-stitch project. 5th graders have already begun to knit baby socks for charity on 4 needles in the round. 6th graders are cutting out their tunics now, and then they will embroider designs on them for the Medieval Tournament next Spring. 7th graders are sewing together silks and velvets for a colorful crazy quilt. Machines are humming in the 8th grade classroom while they sew on paper mazes and learn the parts of the machine, only to anticipate using thread. Now, that's the start to a busy year but by year's end there will be at least 2-3 (or even more) different projects going on at the same time in each grade!

**Hot Lunches** started this week for grades 3—8! Order forms were sent home last week. Additional order forms are available in the office.

### **Great Back-To-School Party!**

What a great afternoon of sun, fun, food, games, community and dunking! The 1<sup>st</sup> grade parents, under the conscientious leadership of Paula Tucker planned and executed a near-perfect day (including leaving our campus looking as if nothing had happened over the weekend!). Many thanks to everyone who helped make the day so enjoyable. We had a fantastic turnout and the 8<sup>th</sup> grade made \$1450 for their end of year trip on their yummy dinners, drinks and desserts. Win-win-win!

### **Hard Copy Bulletins Available**

Everyone on our email list is being emailed our weekly Bulletin, but if you are one of those people who are less likely to read something sent electronically, please let us know and we will send a hard copy home with your child. Just call the office (824-2844), or email your request to our Office Assistant (Mira) at [miran@sunridgeschool.org](mailto:miran@sunridgeschool.org). In families with more than one sibling, we will send hard copy bulletins home with the younger sibling.

### **On-Line Surveys Please**

We will be sending out a reminder this week about taking 5 minutes to go on-line and fill our parent skills and interests survey. It is very important that we collect this information so that we can maximize well-matched parent participation in meeting the needs of our school. If you do not have an email address, contact Shyama to arrange a way to do the survey: 827-7931. We thank you in advance for your enthusiasm and cooperation.

### **Greetings from the Spanish Program** *from Galia Brieva*

One of the most special and symbolic traditions in Latin America is coming up soon, "El Dia de Los Muertos". The Spanish program at SunRidge honors and celebrates this beautiful day in early November. It is a whole school event where we remember the life of those families and friends that are no longer with us. In addition to the

beautiful decorations, displays and crafts, the Spanish program wants to ask families for donations of eggs, flour, and sugar for the making of the “Pan de Muerto”, bread of the dead. These ingredients can be brought to Senora Galia’s casita, around the middle of October (more details to follow). Also, if your family has any extra pumpkins and marigolds or any type of white, purple, orange or gold flowers, they would be appreciated. More details will come soon! Hasta Pronto, Senora Galia

**4th Annual Multicultural Storytelling Festival**

It’s time for our fabulous annual Storytelling Festival! Professional storytellers from around the Bay Area will be sharing stories suitable for all ages. This year’s presenters include: Clara Yen, Wayne Harris and Erica Lann-Clark. The diverse ethnicities of the storytellers—Chinese-American, African-American, Jewish and Native American—will shape the stories they present. There will also be a puppet play, a crafts area, as well as a Middle School Readers Theater. Overflow parking at Apple Blossom Elementary School. Refreshments will be sold throughout the event, and dinner will be offered by the 8th Grade, from 4:30 – 6:00 PM. The event is ASL interpreted.

**Saturday, September 26th, 12:30 – 6:00pm**

To purchase tickets in advance, call: 824-2844 Tickets: \$8/person, or \$20/family.  
For more information, Debbie Ezersky, 823-2854.

**Storytelling Festival Planning Meeting**

There is still time to help with this event!  
Tuesday, Sept. 22 - 3:15 pm  
Meet in Room 4

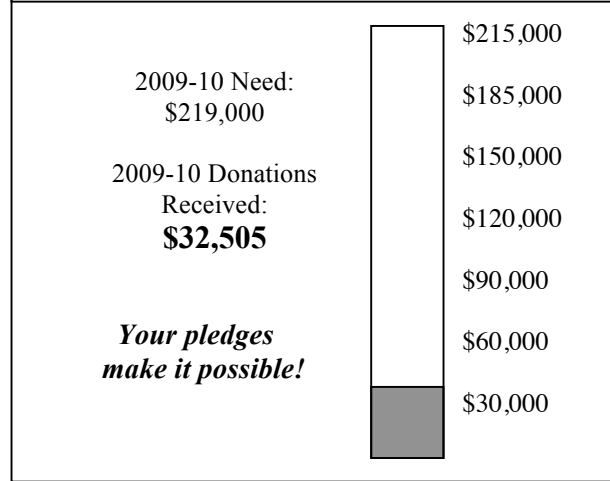
**Green Team Alert:**

Many of the kids at SunRidge drink water from metal bottles to avoid the possibility of toxic plastics leaching out from plastics into their beverages. If your child is drinking from a SIGG brand bottle manufactured before late 2008, the lining may contain BPA (Bisphenol A). SIGG has admitted the problem and offered to exchange the old bottles for new ones. The old lines are copper/bronze tinted; the new ones are dull pale yellow, if you’re not sure how old your bottle is. Major retailers such as Whole Foods are going farther, offering exchange, refund, or exchange for a different brand if preferred. Check your child’s water bottle! To learn more, you can check out <http://mysigg.com/bulletin/faq.html> for info about the new liners and whether unlined bottles are safer.

**Valkyries and Other Basketball Players**

CYO offers basketball for boys and girls in 3rd through 8th grades. All levels of players are welcome to try out and be placed on a team on October 10 & 11. Practices begin mid-October, with a 10-game season running December to February. For more info go to [www.sscyo.com](http://www.sscyo.com) or contact St. Sebastian CYO Athletic Director John Namkung at 322-5448 or [jknamkung@gmail.com](mailto:jknamkung@gmail.com) ~ Curt Quantz

**2009-10 Pledge Program Report**



**Pledge Update**

Please make sure you have sent us your pledge commitment for this year, and, even more important, please send those pledges in every month! With state funding cuts this year, we will be depending even more on the stability of our parent pledge program. Please help us keep our educational program stable!

**Online Survey Person Needed**

Work with Community Service Coordinator to maintain/update online surveys (in Survey Monkey) and generate reports in Excel for parent interest/skills survey and community service hours log. Requires use of a computer (PC or Mac) and Microsoft Excel. Training available. Time commitment: 1-2 hrs. per month. If this is in your field of expertise, please contact Shyama: [shyama@sbcglobal.net](mailto:shyama@sbcglobal.net)

**Help plan our festivals!**

Festivals are a beautiful way to bring the school community together. In the autumn we celebrate Dia de Los Muertos, in winter our Winter Garden and the Multicultural Festival of Lights, and come spring the glorious May Faire. We are looking for parent volunteers to assist with the planning process involved in creating smooth and joyous celebrations. Our first official meeting will be Friday Sept. 25 at 9:15- 10:00 on the deck of the casitas. We will meet monthly at that hour. Check the bulletin for updates as to which Friday. If you are able to come please do!

Thanks from Laurie McKenzie, Galia Brieva and Karen Gallagher for the Festivals Committee

**Community Service Needs**

We have several committees and operations areas that would be so grateful for your support: Community Service, Parent Ed, Fundraising, Gardening, Public

Relations and more. Please review the 'Needs List' attached to last week's bulletin and be in touch with the contact person if you'd like to offer your service. Thank you.  
~Shyama, Community Service Coordinator

### AfterCare Needs

AfterCare would like to offer special activities for the children after school. Do you have an interest you could share? Drumming, dance, yoga, art, music, etc? This would be a great way to do some community service hours. Also, Aftercare would like to set up a woodworking area—does anyone have wordworking bench, or could build one? Woodworking tools—other than hammers—are also needed. Talk to Rebecca, 824-2276.

### Santa Rosa/ Sebastopol Carpool Desired

Hello fellow Waldorf parents. I live in downtown Santa Rosa and my daughter attends 2nd grade at the Independent Charter School. We are looking for other families to share the CO2 burden of commuting between Sebastopol and Santa Rosa. If you are interested please call Nichole at 545-2747. Thank you.

### Waldorf Parenting Resources

If you have a child who will be entering third grade, and you're wondering what is going on (or what lies ahead), you might want to read the article "Parenting the Nine-Year-Old"

at [http://www.waldorfinthefirsthome.org/2005/01/parenting\\_the\\_nine\\_year\\_old.html](http://www.waldorfinthefirsthome.org/2005/01/parenting_the_nine_year_old.html). Also, Daena Ross's workshop on "The Nine-Year Change" is available in CD format for only \$12.50 plus shipping

at [http://www.waldorfinthefirsthome.org/2007/07/the\\_nineyear\\_change.html](http://www.waldorfinthefirsthome.org/2007/07/the_nineyear_change.html).

If you have a daughter who is approaching (or in the midst of) puberty, there will be a free tele-seminar with DeAnna L'am, author of *Becoming Peers—Mentoring Girls into Womanhood* on Tuesday, Oct. 6<sup>th</sup>. If you are a mother, grandmother, stepmother, aunt or any woman with a special girl in her life, this discussion offers ways to prepare yourself for her puberty, and ways to lay a foundation for lifelong friendship with your daughter. If you can't make the live interview at 1:00 pm Pacific Time on Tuesday, Oct 6th, you can still sign up to receive the free recording. To learn more, or to sign up, click on [http://www.deannalam.com/deannalam\\_020.htm](http://www.deannalam.com/deannalam_020.htm).

Also recommended are CDs of Betty Staley's keynote, "It's Never too Early to Prepare for Adolescence" and William Bento's workshop, "Adolescence: A Grail Journey of the Heart." Just enter their last names into the search engine at [www.waldorfinthefirsthome.com](http://www.waldorfinthefirsthome.com)  
<<http://www.waldorfinthefirsthome.com>> .

### Classified

(We can list rentals, parents selling used items, free items, lost and found, or trades. We cannot list for-profit business ads)

**FREE:** 2 Choroi "C" wood flutes. Very good condition with fingering chart, cleaning rod, cloth case, and original box. No cost. Email [rmakihara@sbcglobal.net](mailto:rmakihara@sbcglobal.net) or phone 707-823-2347.

**For Sale: Violin stand and chin pad**, very lightly used, \$20.00. Call Amy at 829-3345.

**For Sale: Upright wooden acoustic bass**, 1/2 size, made by Cremona. Good condition. Lovely sound and action. Played by a SunRidge student for 3 years. Comes with a bow and 2 carrying cases (one light-weight, one thickly-padded). \$650. Call Mella at 829-8208. Thanks.

### Free Puppet Stage

Made from an old chest of drawers. My children have outgrown it. It has a place for hand puppets as well as string puppets and comes with puppets on top of that. It is 34" tall, 15" deep, and 27" wide and has a drawer for storage. Call Karl at 824-0692

### Room for Rent

Spacious master bedroom with private bath, walk-in closet, deck and private entrance if wanted. Nice NW Santa Rosa neighborhood, near Hwy's and shopping, easy to downtown. \$700 per month, utilities included. Available now. Please call Rebecca at 525-8750.

### Housing Need Sebastopol Area

For two adults, one SunRidge student and one baby (in October). Can pay up to \$1,000/ mo including utilities. Prefer 2 BR, but 1 BR is okay. Washer/Dryer hookup is important (cloth diapering). Please call Ruth, (707) 293-7477. Thank you

### Lost Scarf

Multi-colored scarf disappeared from picnic table in back field on Tuesday, September 9<sup>th</sup>. Please call Alissa at 236-0747.

### Devotional Chanting with Shyama

100% of Proceeds will Benefit SINGLE MOTHERS OF SEBASTOPOL

Saturday Sept. 26th, 7pm

Devi Yoga Center, 7151 Wilton Ave., Downtown Seb.

Suggested Donation: \$10-\$20; all are welcome, give what you can;

Fore more information contact: [shyama@sbcglobal.net](mailto:shyama@sbcglobal.net)

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