

SUNRIDGE BULLETIN

NOVEMBER 4, 2009

SUNRIDGE SCHOOL

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SEBASTOPOL, CA 95472

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WWW.SUNRIDGESCHOOL.ORG

CALENDAR

Thursday, November 5, 6:30 - 8:00pm
Class 1 Parent Evening

Monday, November 9, 7:00 - 8:45pm
Class 4 Parent Evening

Tuesday, November 10, 6:30 - 7:30pm
Class 7 Parent Evening

Wednesday, November 11
School Closed ~ Veteran's Day

Monday, November 16, 6:30pm:
Class 8 parent evening

Tuesday, November 17, 3:15 - 4:30
Diversity Committee Meeting,
Room 4, All welcome!

Tuesday, November 17, 6:00 - 9:00pm
Charter Council Meeting

Monday, November 23
**School Closed~ Parent
Conferences**

November 24 - 27
School Closed ~ Thanksgiving

Tuesday, December 1, 6:30pm
Parent Council Meeting

School is Closed Next Wednesday, November 11, for Veterans' Day

Comfort Kits Sent Home Today. Please keep an eye out for a Ziploc bag containing instructions for the preparation of your child's/children's comfort kit. These survival/comfort kits will be kept on hand for use in the case of an emergency. We ask that you please turn these in to the Class Teacher no later than **Wednesday, November 18th** (two weeks from today). Thank you!

Directory Edits?

If there is a significant error in your listing in the directory, please contact Mira by email at miran@sunridgeschool.org or at 824-2844. In the subject line of your email, please include the words "directory edit". Also, please be sure to note the grade(s) that the edit pertains to. We will be distributing a page of edits soon, so please promptly let us know if you have any changes to make. Thank you.

Tribes Evening Success

Many thanks to the many parents who attended our first parent education evening about Tribes. It was a great beginning to this exciting new development at SunRidge.

Buy a Wreath, Help our 7th Graders

The 7th grade is selling Granstrom wreaths and swags this year to raise money for their 8th grade trip. These are beautiful wreaths, great for gifts and/or for your own home. **All order forms should be submitted by November 13.** Orders delivered to the school will arrive by December 4. Individual orders will be delivered by this date or earlier. See attached order form and for individual orders see shipping form as well. Questions? Call Aurora at 829-7358 or email at brxwitch@comcast.net. Thank you from the class of 2011.

Folk Art For Schools Calendars

Folk Art for Schools Calendars are now available and on sale as a fundraiser for our school. They are only \$12 and all of the profits go to SunRidge and other local schools. Last year we raised over \$6000 with this project—not so hard if everyone buys a few (at least)! They are now available in the office. Contact Heather with questions about calendar sales. heathert@sonic.net or 537-0839

Next Up: SunRidge Winter Garden/Festival of Light

Please reserve space on your calendars for December 5 & 6. SunRidge's annual WINTER GARDEN event will be held during that weekend and all are encouraged to attend. Specific days and times will be posted in next week's bulletin, so that you and your family can plan to come celebrate the darkening days of winter and the closing of the year. Check with your class teacher as well, for ways in which you can help contribute to this lovely Festival of Light.

Thank you 2nd Grade Parents & 6th Grade Parents

Many thanks to the parents in second grade who so generously provided many delicious lunches for October faculty meetings, and to those in 6th grade who found a way to provide a delicious meal for us on the same day they were hosting the Farmer's Market (some people are just amazing!). These meals nourish our bodies and our souls as they reflect the appreciation parents hold for their children's teachers. Such good food, and such a great feeling of support!

Mil Gracias...

The Day of The Dead was an incredible experience for the whole school. We had a beautiful sunny day, with reverent students walking though the pathway to the main altar and a beautiful school full of color, sentiment and soul.

I want to give a special thank you to all my students from classes 1-8 for working very hard for a month sewing, drawing, designing, coloring, cooking and using their imagination for this special event. Also, a big thank you to the kindergarten teachers, parents and students for making beautiful altars in their classroom and for participating in the celebration.

Muchas, muchas gracias for the unconditional help of my colleagues, especially to Karen Gallagher, Laurie Mckenzie and her sister. They helped with all the preparation and baking of the bread and in the set up of the altars.

We all have adopted this tradition that now lives in our hearts. Thank you also to the donation of flowers, eggs, flour and sugar, and muchas gracias to the following parents, teachers and staff:

Sage Otterson, Aurora Thompson, Ryn Longmaid, Merrie Rivera, Pilar Rand, Salma and The Fasel family, Theresa Thomasson, Ms. Prosser, Ms. Kindle and Ms. Almand.

Last but not least **thank you to Whole Foods Sebastopol** for the donation of the beautiful pumpkins—they look amazing in the path way.

Thank you parents for sending the precious pictures of your loved ones.

Con gratitude,
Galia Brieva

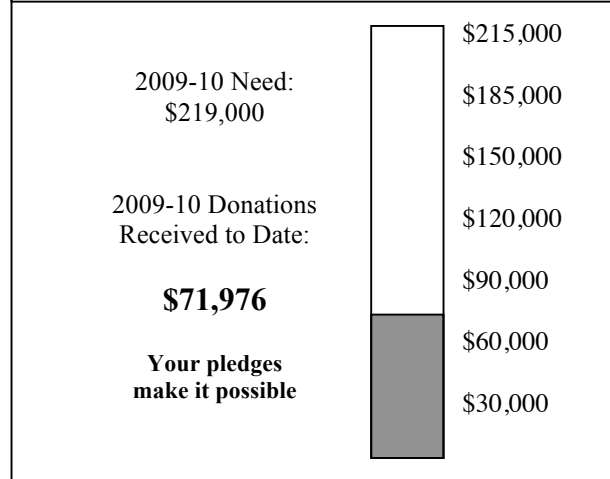
MUCHAS GRACIAS a la Senora Galia por una celebracion bellisima del Dia de los Muertos. The Festivals Committee would like to thank the many teachers and parents who contributed to the making of our Fall Festival. It was held on Monday, Nov. 2, with golden sunshine, beautiful music, delicious pan de muertos, bright marigolds, La Catrina gracing the path, gorgeous sugar skulls, delicate paper hangings, colorful pumpkins and crafts throughout the hillside and stage. Curious things also occurred: Senora Galia's wallet disappeared one week before the event, and then mysteriously showed up in the glove compartment of her car on the day of the celebration. We've been wondering just what kind of tricks were being played on us as we toiled at our tasks!

Once again, we are grateful for how SunRidge and its loving community bring joy, wonder and beauty to our lives.

New Garden Kitchen Volunteer Request ~ from Bob Poole

We now need volunteers for the following jobs:
Within the next 7 days: 1 or 2 people to apply (with roller) one coat of low VOC primer to the 14'x17' ceiling. We'll provide materials. Soon thereafter: 1 or 2 people to apply a finish coat of Mythic brand zero VOC paint to the ceiling.
Soon: 1 person with carpentry skills to install the 2'x4' skylight. A helper will be available. Soon: 1 person with carpentry skills to team with Owen Massey-Todd in building

2009-10 Pledge Program Report



a shed roof over the wood-fired cob oven. Please call Bob Poole at 823-8324 or email at robtpoole@gmail.com

The Wonder of SunRidge from Mark Rice

In this time of school funding cuts and economic uncertainty, it is so very heartening that SunRidge parents value their children's education so much that they find a way to make a monthly donation to make it all possible. Most families have to make some kind of sacrifice to budget a pledge monthly, and some go to great lengths to help. In two recent examples, we had one child and parent hand-make cards and sell them so they could donate the proceeds, while another parent donated part of the proceeds from a performance she did, and her child even donated some of his birthday money to SunRidge! It is so gratifying to know that what SunRidge provides is so valued that families are willing to find ways to support it even when their resources are very limited.

Because of our small size, a rich specialty program, and inadequate state funding, SunRidge must depend on parent support to keep our school operating and stable. Since 2002, caring, self-sacrificing parents have donated over \$1, 300,000 to this cause. Without this generosity of spirit and sense of community responsibility, there would be no SunRidge School—think about that.

From the Garden ~ from Tess Pohlmann

Last year the third graders wove gathering baskets. Many parents and faculty expressed an interest in learning the art of basketry. Annie Roberts, who taught last year's parent volunteers, is happy to offer a class to us again. This time, she will teach the art of TWINING. This method of basket weaving is applicable to using wildcrafted materials.

Date: Saturday, Nov. 14th, at 10:30; allow for at least four hours. Give this afternoon to yourself.

Location: to be announced

Cost: \$25. All materials included.

Contact Tess at 292-9867 or sunridgegarden@gmail.com

Make Your Own Earthen Paints

On Saturday, **November 21st**, the garden program is offering a FREE class on how to make interior paint. Sara McCamant has taught natural building and painting at Emerald Earth for the past ten years. Google Emerald Earth to see some of her work and you will know how lucky we are to have her come here to teach.

The day will begin at 10:00 with a 2 hour talk and demonstration. Then we will make our own paint and apply the first coat onto the walls in the garden kitchen. Class ends at 3:30.

When I asked what Sara wanted me to say about her, she replied that she is passionate about people not putting toxins on their walls. She said that this is an easy alternative that will leave participants wondering why they ever felt the need to buy paint at all.

If you are interested, contact Tess at 292-9867, sunridgegarden@gmail.com

I would like our garden to be a place where we can learn new skills that will help us make choices that brighten the future for our children and give them the tools they might need in the world we are handing to them. If you have something to share that you would like to bring to "the garden", please let me know. Together we can creatively make a big difference.

Basketball Games

Our boy's upper grades basketball team begins their season this week with a game today (Wednesday) at Mark West Charter. Game starts at 5:30pm. The next game will be on Monday, November 16, with The Healdsburg School at the Sebastopol Community Church gym, 3:45pm. This is our first boys team—come out and cheer them on!

Community Service Recording

It's now time to take a minute and input your community service hours for October through the following link:

http://www.surveymonkey.com/s.aspx?sm=rE7kua_i_2bnzcZEXrEF3D4w_3d_3d

Waldorf Methods High School?

Yes, one is in the planning stages Go to:

<http://www.sonomacountyhighschool.org/welcome> if you are interested in seeing what they are doing. There is an impressive list of people involved in this project.

Please pass this information on to anyone that may be interested in supporting a charter high school inspired by Waldorf Education.

Reminders!

Thank You for Timely Pick-ups ~ from the SunRidge office

A big thank you to all of those who have taken our reminder to heart, and have made pick-up time run more smoothly in the last week. We really appreciate your collaboration on this.

Flu Reminder

Help us minimize the spread of flu by keeping your sick child at home. Staff and students with flu-like illness should stay home for at least 24 hours after they no longer have a fever, or signs of a fever, without the use of fever-reducing medicines. Students with flu-like symptoms will be sent home. You can also help by reinforcing with your child the importance of frequent hand washing. Students are encouraged to wash their hands at school, and we are currently making arrangements to have hand sanitizing supplies in each classroom. The incidence of flu at SunRidge thus far this year has not been severe or out of the ordinary, and if we are all working together on prevention and mitigation we can minimize the spread of the flu at school. Thank you for your cooperation with this.

Community Events

Playback Theatre, Wednesday, November 11

Join the playback theatre for their Occidental debut, *Thanksgiving Stories*. Share a story about the day, the meal, or tell story about gratitude. Bocce Ballroom, Union Hotel in Occidental. \$15-25, but no one turned away.

Summerfield High School Open House

For those students and families considering a Waldorf high school option, the annual Summerfield Waldorf High School Open House is a wonderful opportunity to hear more about these classes and sample the comprehensive curriculum first-hand. You will also be able to meet our highly qualified faculty, as well as some of the current students and alumni, and to tour the campus.

Saturday, November 14th, 10 am - 1 pm. With any questions about Summerfield's high school program in general, contact Sallie Miller, Admissions Director at 575-7194 ext. 102 or sallie@summerfieldwaldorf.org

Cybersafety Workshop

Wednesday, November 18, 4:00-5:30pm in the Sonoma County Office of Education Board Room.

Come learn about safe and responsible use of the internet and related communication technology (mobile phones, digital cameras, and webcams). Open to educators and parents. Topics include: Social Networking, What to do about inappropriate content, piracy, personal information—what's safe to share, and cyber bullying.

Online registration will be available soon at
www.scoe.org/training

<<http://www.scoe.org/training>> .

If you have content questions, contact Rick Phelan
 at 707-524-2847 or email to rphelan@scoe.org.

**Community Enrichment Courses presented
 by the Bay Area Center for Waldorf
 Teacher Training**

For info, call 415-332-2133 or info@bacwtt.org

Reverence for the Young Child at Home, a workshop
 with Oliver Steinrueck.

Tuesday, November 5 & Thursday, November 19
 8:45 - 10:00am

@ Marin Waldorf School

755 Idylberry Rd, San Rafael, 94903

*How Being a Waldorf Parent Helped Me Succeed in
 Corporate America*, a lecture by Kate Kristensen.

Tuesday, November 10 at 7:30pm

@ Summerfield Waldorf School

655 Willowside Ave, Santa Rosa, CA 95401

Should We Be Afraid of Illness?

A lecture by Dr. Philip Incao, M.D.

Thursday, November 12 at 7:00pm

@ Marin Waldorf School

755 Idylberry Rd, San Rafael, 94903

**Free and Affordable Medical Services for
 Children**

Occidental Area Health Center

3802 Main St.

874-2444

Russian River Health Center

16319 3rd St. Guerneville

869-2849

Russian River Dental and Mental Health Services

16312 3rd St. Guerneville

869-2933

Sebastopol Community Health Center (New!)

6800 Palm Ave., Suite C2

824-9999

All centers accept Medi-Cal, Medicare, Healthy
 Families and most private insurances. Sliding scale
 also available.

Immunization clinics for all childhood immunizations
 (\$5 donation requested, \$10 per family)

For information and application assistance on Healthy
 Families Program, which provides full medical, dental
 and vision insurance for \$4 to \$17 a month, please
 call Holly at 874-2273 ext 249 or Christina at 874-
 2273 ext 126 (Se habla español). A family of 4 can
 earn up to \$4,600 per month.

Classified

(We can list rentals, parents selling used items, free items,
 lost and found, or trades. We cannot list for-profit business
 ads)

Morning Helper Needed

I need help getting my kindergartener, Elijah Trainor, to
 school in the morning on Mondays, Tuesdays, and
 Wednesdays. I need to drop him off at your home at
 7:15am on those days. I will pay someone for this help.
 Please give me a call at 318-0799 or email if you would
 like to help or know anybody or any service you think
 might be available to help. Thank you, Nate Trainor

Mommy's helper needed for SunRidge family.

Pickup from school and take to Sebastopol home.
 Prepare snack, supervise constructive play, help
 children clean-up. 15 - 20 hours per week. Please call
 Dustin @ 707-480-5883.

Share Rental Available

Vegetarian Waldorf Family seeks similar to share west
 Santa Rosa home. 2 bdrms and a bath in a private
 downstairs wing available November 1st. \$1,200.00,
 includes utilities. Call 542-7372.

Room for Rent

Spacious master bedroom with private bath, walk-in
 closet, deck and private entrance if wanted. Nice NW
 Santa Rosa neighborhood, near Hwy's and shopping,
 easy to downtown. \$700 per month, utilities included.
 Call Rebecca: 525-8750.

Sebastopol Tree Lighting Ceremony

Sebastopol's Annual Tree Lighting Celebration takes
 place on December 3, from 5:00 pm to 8:00 pm at the
 Downtown Plaza (corner of McKinley St. & Petaluma
 Ave). Come and share in the traditional lighting of the
 holiday tree, Santa's arrival on Sebastopol's Fire Truck
 and take pictures with Santa at the gingerbread house.
 Musical entertainment, cookie decorating, craft projects
 for the children, hot chocolate, sing a long with Mr.
 Music, good cheer and much more await you. Please
 join the fun and meet us at Sebastopol's Annual Holiday
 Celebration! For more information contact Karla at
 the Sebastopol Area Chamber of Commerce at 823-
 3032 ext 103.