



SUNRIDGE BULLETIN

MARCH 3, 2010

SUNRIDGE SCHOOL

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WWW.SUNRIGIDESCHOOL.ORG

CALENDAR

Thursday, March 4, 6:00-9:00pm
Special Charter Council meeting

Monday, March 8, 6:30pm:
Class 8 Parent Evening

Monday, March 8, 6:30pm:
Class 3 parent evening
Emandal Farm presentation

Monday, March 8, 6:30pm:
Class 8 Parent Evening

Tuesday, March 9, 6:30 - 8:30pm:
Class 5 Parent Evening

Wednesday, March 10, 7:30 - 8:30pm:
Class 7 Parent Evening

Monday, March 15, 7:00pm:
Class 6 Parent Evening

Tuesday, March 16, 6:00 - 9:00pm:
Charter Council Meeting

Monday, March 22, 6:00 - 7:30pm:
Class 1 Parent Evening

Wednesday, March 24, daytime show:
Class 8 Play

Thursday, March 25, evening show:
Class 8 Play

Whole Foods 4% Scrip Cards In Action!

Since this program got off the ground (barely a month ago), our community has bought \$6,900 worth of scrip cards. That translates into \$276 for SunRidge! And it's so easy to participate. See below for details.

We have the cards in \$50 and \$100 increments ready to sell. To purchase cards this week, please read the following carefully:

1) At Infusions Tea House (4 doors left of Whole Foods). *Infusions will take checks *only* made out to SunRidge (no cash). While you are there, check out their luscious chocolates! Giving them business is not required, of course, but it would be a great way to show them our appreciation for their kindness in offering us this convenience.

2) At the 3rd Grade Farmers Market this Thursday, weather permitting.

3) As a last resort option, if you find yourself in the school office at a quiet moment, Theresa or Mira will be happy to sell you your cards (remember, exact amount only).

If you have any questions about this program contact Kathleen Stroh: 829-2436 or Shyama shyama@sbcglobal.net.

If you shop at Whole Foods, PLEASE do so with SunRidge Scrip Cards! We earn 4% of every purchase.

Farmers Market Tomorrow

Come one, come all to the Second Grade Farmer's Market this Thursday, March 4th from 12:30 - 3:30. Join in on the community fun! The Second Grade families will be offering an abundant salad bar, tasty soup, hot beverages and delicious desserts. Please remember to bring your own utensils—let's keep it green! In addition to some yummy food, Grade 2 will also host a full-fledged flea market and garden starts sale. Go forth and plant for Spring is almost here! If it rains, we'll reschedule for the following Thursday, March 11th. See you at Ragle Park!

SUNRIDGE FINANCIAL SITUATION IS DIRE - YOU HAVE ONE WEEK LEFT TO HELP MAKE A DIFFERENCE WITH OUR AUCTION *from Pam Koppel*

Our SunRidge Online Auction opens in one week. 8 days to be exact.

Budget report for next year.....Dire! Major cuts are projected. YOU can make a difference. But you have to act NOW. **Whatever we raise up to \$20,000 will be matched by a donor.** For every \$1 you bring in, your child's/children's programs will get \$2 towards being saved.

Have you gotten your items yet? **\$100 of item value per parent.**

If you haven't contributed yet - here are some more ideas:

Things - Look around your house. Any nice clothes that are unused or "gently worn." Items that are still in really good shape that are not being used. Top selling books, DVD's, gym equipment, kitchen equipment, baby equipment you don't need anymore but still works and look good. Bikes, jogging strollers, laptops, small children, puppies....

Services - Can you offer some babysitting hours? Tutoring? How about some

handyman hours, or piano lessons, or cooking lessons. Can you give a massage or interior design help? What do you "do" that you can offer to the community. That's one way to contribute and you don't even have to ask anyone for anything!

Just do it - Pick 3-4 places that you go to often (or never go to if that is easier). Walk in there and just ask for help. Show them the letter (still hanging in the office) and ask them to donate. We've done it a whole bunch of times and no one has hit us or yelled at us or called us names even once!

WE NEED THE ITEMS IN BY FRIDAY! We will except them after, but out of respect for our data entry people, we need them in so they can be inventoried and added into the site.

Did we mention we are in Dire Straights financially? Please.....we need your help! We need about \$10,000-\$15,000 more in our catalogue. Remember - anything we raise will be doubled!

HELP STILL NEEDED:

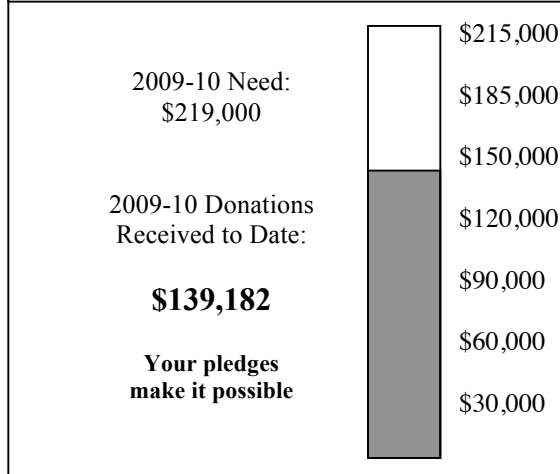
We still need help making some follow-up phone calls. We also need help after the auction closes with the distribution of the items. Contact Amy at amyschiff1@sbcglobal.net or Pam at pamkoppel@comcast.net.

This is our chance to make a difference in what next year looks like for our children. Seriously! We can do it!

You Cooperation Needed *from Mark Rice*

When you take your child out of school for a trip or some other purpose other than illness for at least three school days, it is possible for the school to still get State funding for the absent days if the student completes an "Independent Study" Plan. This plan is written up by your child's teacher and requires that specified schoolwork be completed and turned in upon return to school. This is very helpful to us, especially during these tight financial times, but it is important that parents help make it workable by doing the following: If you are planning to be away, please let your child's teacher know at least two weeks in advance of short trips (3-5 days), and four weeks in advance of longer trips (over a 5 school days). This will allow time for the teacher to plan and write up a suitable independent study plan for your child, get it approved by the administration, and meet with you about it before you leave. If a teacher does not have enough time to complete these steps, s/he may decide that an IS plan is not possible, and we will lose the funding. Funding is also dependent on the completion of the assigned work and the submission of necessary work samples. None of this is very difficult, but it does require that we work together to meet the requirements of the public school system by which we are funded. Please keep this in mind if your child may need to miss school for three or more days for some reason this year.

2009-10 Pledge Program Report



Pledges Essential

Thank you to everyone for your monthly pledge donations. Pledges make up about 14% of our total income. Without them we wouldn't have the funding for things like our kindergarten and 1st grade aides, and our specialty classes such as Games, Handwork, Spanish, Gardening, Choir, Instrumental Music, and Woodworking. With state funding cuts this year, our pledge program has become more important than ever. Please commit to pledging monthly at whatever amount you can afford, considering how important your child's educational program is to you. Don't assume that others will carry the load for you! This only works when virtually everyone contributes what s/he can to the community effort.

Valkyries Up-Date ~ *from Mr. T*

Wednesday, March 3rd we have practice at Twin Hills 3:30-5pm. This is a very important practice, the only one DURING the season. We have a full practice.

Next Week:

Monday, March 8th we have an 8th grade game ONLY vs. Rincon Valley Christian at Community Church @ 3:45pm
 Wednesday March 10th, we have both 8th and 7th grade games at St. Luke's Lutheran School (Mendocino Avenue near College blvd.) 8th - 3:45pm / 7th - 4:45pm - players be there 1/2 hour early.
 Go Valkyries!

From Our Garden *from Tess Polmann*

The garden program is built upon hundreds of unseen volunteer hours. In fact, most of this school is. We trust and have faith in each other to make this educational environment soulful and uniquely our own through the work and care we give it as a group. There are people who have shown up every week, week after week, to ensure that your child has garden class. I would not be able to continue the program without their consistent and dependable help. These people believe in the importance of having an

educational garden space that teaches children about cooking out of the garden and about the rhythms of the garden and all the visitors and elements that participate in its evolution. I want Bob Poole, Skip Jirrels, Heidi Lewis, Kenna Lee and Miho Pizzorno to know that without your help this year, I would not be able to do this job. All of us in the community want you to know how much the many hours of time you have put in have made a very big difference.

I am not used to being touched with so much thoughtfulness at every single holiday. You are an unbelievable group of loving caring people. I feel your support every day in every way. Thank you for the beautiful gifts at the winter holidays and again at Valentines. I am thank-full for my time here at SunRidge.

I began garden classes in February and things are moving along smoothly. With spring close by, I am looking for people to step in and help get the garden space ready. There are many ways to participate in the garden program. There are grants that need writing. There are signs to make. I am looking for people with trucks to help deliver manure and compost. Sometimes I receive plant donations, and need someone I can call to pick them up. I need help with coordinating garden docents and class volunteers. I could use a lot of consultation on garden design, etc. Call or email me if you can help.

Lastly, please try to attend this movie if you can. If you care about what you eat and what foods are available to you, and if you care about the future of our local farmers, this movie will inspire you for sure. I will be there and will be looking for you. It is the kind of film that gives me more energy to do the work I love to do. I even want my kids to see it. Come a little early for a to ensure a seat.

***Fresh** a film by Anna Sofia Joanes

*Thursday, March 18th 6:30pm free admission
Salmon Creek School

Fresh celebrates the farmers, thinkers and business people across America who are re-inventing our food system.

Before the movie, the farm to cafeteria program will be offering a farm fresh salad bar featuring local artisan cheeses and fire baked breads. Proceeds benefit the farm to cafeteria program at Salmon Creek School.

Dinner starts at 5:30, \$10 adults/\$5 kids. Movie at 6:30pm free admission, donations appreciated.

Meet your local farmers afterwards
Childcare available for 8 and under

SunRidge Open Enrollment for 2010-11

Our annual open enrollment period ends next Monday, March 8. Submitting an application and attending an

orientation meeting during the open enrollment period are required in order to be included in our lottery for available spaces, even if an applicant family already has another child enrolled at SunRidge. Current students do not need to re-apply, but if you are planning on enrolling a new child at SunRidge, contact the office for information and an application.

Community Service Hours Reporting

Here are the links for reporting your community service hours for the month of January and February. Thank you for helping us have good data on the impressive number of hours parents give to our school.

Report **January** community service hours here:

<http://www.surveymonkey.com/s/R6SJLG9>

Report **February** community service hours here:

<http://www.surveymonkey.com/s/R65QNHG>

If you have any problems with entering your data, please contact Melissa Morgan, melissa_morgan@mac.com.

Community Events

An American Recorder Society Workshop (free)

What: Flauta dulce (soprano, alto, tenor, bass recorder)

Who: Age 4 through adults; beginner - intermediate

(A 440 or A 415) Keyboard and cello/ viol players are also welcome.

When: Sunday, March 7, 12:30 - 2:00pm

WHERE: Music to my ears, 8500 Gravenstein Hwy #A, Cotati

Why: To celebrate the American Recorder Society's "Play the Recorder Month" (Non-Profit Org.)

Some sterilized recorders will be provided but you are encouraged to bring the ones you already have.

Register for this Workshop with Kathy Caldwell-White,

Register by March 6.

Email: caldwell.white@gmail.com Phone: 707-876-4627

'Tweens and Teens and the Power of the Peer Group a talk by Kim John Payne

Kim John Payne is speaking at Summerfield Waldorf School and Farm's Sophia Hall, on Tuesday, March 23rd, 7:00pm. Tickets are \$10.00, and may be purchased at Summerfield's Main Office or Copperfield's Bookstores.

Mothering and Spirituality

A Waldorf Parenting Conference

"Mothering and Spirituality: Resourcing Feminine Wisdom" will be the theme of the annual regional parenting conference

April 24-25 at Sacramento

Waldorf School. Designed to offer a weekend of inspiration and renewal, the conference brings together keynote speakers from Waldorf education with nationally-

known authors/presenters to explore weaving the strands of mothering, spirituality and feminism.

A complete brochure and secure **online registration** are available at < <http://www.waldorfinthehome.com/> > or by calling (303) 546-0070. The conference is organized by Rahima Baldwin Dancy at Informed Family Life.

Waldorf Teacher Training at Summerfield

The Center for Educational Renewal is now accepting applications for a their 4-year part-time course beginning in June 2010. The course has been designed to enable people who cannot leave the area to take part in a full-time course and to meet the growing need for Waldorf Teachers at Kindergarten, Elementary and High School levels.

For more information and to apply, visit their website: www.edrenew.org or contact Don Basmajian at (707) 575-7194 Ext. 301. Enrollment is limited to 30 students.

Another Chance to Dance!

Donna Burgess is offering another class in learning how to teach children international folk dancing: Saturday, March 20, from 9:00am-1:00pm, at the Sebastopol Independent Charter. \$60 per person, but if you would like to volunteer to teach folk dancing to SunRidge classes, the Foundation will pay for your registration fee. Contact Mark (824-2844) if you are interested. To register contact Donna at donna@hoffeckerburgess.com, or (530) 305-8129.

Helping the Children

I am collecting donations of new and used sporting equipment for an organization that will distribute it to underprivileged children around the world. This is part of a Bar Mitzvah project. Please help by donating some of the following items to the box inside the office.

Needed items:

Baseball/softball balls, mitts, bats and cleats
Basketball - balls, nets, uniforms
Football
Running shoes (lightly worn)
Soccer balls, uniforms, shin guards, cleats
Tennis racquets and balls
Volleyballs and nets
Playground equipment: jump ropes, rubber balls, hacky sacs, Frisbees
Coaching supplies: clipboards, air pumps, stop watches, whistles, vests, ball bags, first aid kits

Thank you,

Wyatt Belden, 7th grade

Classified

(We can list rentals, parents selling used items, free items, lost and found, or trades. We cannot list for-profit business ads)

Need a babysitter, yard help, or other helper need?

The Parent Council is sponsoring a student work referral system for students in grades 6-8. Students can fill out a form listing jobs they can do, and parents sign it to approve the referral form going into our Student Work Referral Binder. When you need a job done, stop by the office and look through the binder. Many of our students are excellent workers and are trying to earn money for various reasons. It's a win-win!

Free EFT Class

EFT stands for Emotional Freedom Techniques and is an emotional, needle free version of acupuncture that is based on new discoveries regarding the connection between your body's subtle energies, your emotions, and your health. EFT has been reported successful in thousands of cases covering a huge range of emotional, health and performance issues. It often works where nothing else will.

Best of all, anyone can learn and use EFT and you don't need specialized schooling for it.

Rob Nelson, MS is offering a free class to SunRidge parents.

He is looking for 8-10 people to attend and learn. If you are interested in hosting or attending this class, please email me, This is available on a first to email basis. If there is a flood of interest, I can see about coordinating a second class.

Thank you, Hassanah, Morning Star Mom,
emailbooboo@yahoo.com

To learn more about EFT, please visit:

www.emofree.com

To learn more about Rob Nelson, MS, please visit:

www.taprootsenergypsychology.com